APPENDIX A

LIST OF EXPERTS

The experts who tested the validity of the research instrumentation:

1. Dr. Petchawan Pungrassami

Zonal Tuberculosis Centre 12, Yala Province

2. Assoc. Prof. Akeau Unahalekhaka

Department of Public Health Nursing

Faculty of Nursing, Chieng Mai University

3. Ms. Namfon Nuansakul

Department of Social Medicine

Yala Regional Hospital

APPENDIX B

INFORMED CONSENT

My name is Nanthiya Phromrak, I am a master student of the adult nursing program, Faculty of Nursing, Prince of Songkla University. I am conducting a nursing research on the role perception and role performance of FM-DOT observers as perceived by FM-DOT observers and people with PTB. The information gained from the study will help nurses in planning appropriate nursing care for the FM-DOT observers and people with PTB. You are invited to participate in this study. If you agree to participate in this research, you will be asked to answer interview questions and give information regarding your demographic data, and role perception and role performance as a FM-DOT observer. It will take about 45 minutes to complete the questionnaire.

All the information I receive will be kept confidential and will only be used for the purpose of this study. Your name will be not revealed, and there will be no penalty or any influence if you decide to withdraw from this study at anytime.

If you agree to participate, please sign this form. Thank you for your cooperation.

oranon.	
	Signature of participant
	Signature of investigator
	Date

APPENDIX C

QUESTIONNAIRE FOR FM-DOT OBSERVER

<u>Direction</u>: This questionnaire will be used for data collection from FM-DOT observers. The questionnaire consists of 3 parts:

Part 1: Demographic Data Form of FM-DOT Observer

Part 2: Role Perception of FM-DOT Observer Questionnaire (RPC-FMQ)

Part 3: Role Performance of FM-DOT Observer Questionnaire (RPF-FMQ)

Each part of the questionnaire has specific directions. Please answer what best corresponds to your opinion. There is no right or wrong answer. The overall results will be presented in a way that will not give penalty or affect the quality of health care your patient receives.

Thank you for your cooperation. If you have any questions, you can contact me at Medical Ward 230, Hadyai Regional Hospital, Hadyai, Songkhla, 90110.

Yours gratefully

Nanthiya Phromrak

Part 1: Demographic data of FM-DOT observer

<u>Direction</u>: Please mark \checkmark in the blank for the answer that fits your situation.

1. (Gender	
	☐ 1. Female	□ 2. Male
2.	Age years	
3.	Marital status	
	□ 1. Single	□ 2. Married
	□ 3. Widowed	☐ 4. Divorced / Separated
4.	Religion	
	□ 1. Buddhist	□ 2. Islam
	☐ 3. Christian	☐ 4. Other (specify)
5.	Educational level	
	☐ 1. No formal education	☐ 2. Primary school
	☐ 3. Secondary school	☐ 4. Diploma
	☐ 5. Bachelor's degree	☐ 6. Above Bachelor's degree
6.	Occupation	
	□ 1. Unemployed	□ 2. Labour
	☐ 3. Agriculturalist	☐ 4. Trader / Business man
	☐ 5. Government officer	☐ 6. Private employee
	☐ 7. Other (specify)	
7.	How many is your family member inclu-	nding yourself? people
8.	How adequate is your family income pe	er month?
	□ 1. Adequate	☐ 2. Inadequate
	How much is your average monthly far	mily income? Baht
9.	Do you have any underlying disease?	
	□ 1. No	☐ 2. Yes (specify)
10.	Did you live with the patient in the same	e household during the first two months of the treatment?
	□ 1. No	□ 2. Yes
11.	What is your relationship to the person	with PTB?
	□ 1. Father / Mother	□ 2. Husband / Wife
	□ 3. Sibling	☐ 4. Son / Daughter
	☐ 5. Other (specify)	_
12.	Have you had past experience of taking	care of someone with PTB?
	□ 1. No	□ 2. Yes
13.	Duration of being FM-DOT observer	months

14.	What do you think is the level of severity of illness of the person with PTB?								
	□ 1. Severe	☐ 2. Moderate							
	□ 3. Mild	☐ 4. Not severe							
15.	What level does the person with PTB follows:	llow your instructions?							
	□ 1. High	☐ 2. Moderate							
	□ 3. Low	☐ 4. Not comply							
16.	Have you received information regarding	g TB / taking care of someone with PTB?							
	□ 1. No	□ 2. Yes							
	The source of information (select more t	han one answer)							
	☐ 1. Leaflet	☐ 2. Radio,Television							
	☐ 3. Physician, Nurse	☐ 4. TB clinic staff							
	☐ 5. Village health volunteer	☐ 6. Health center staff							
	☐ 7. Magazine, newspaper	☐ 8. Village Public announcement Center							
	☐ 9. Other (specify)	<u></u>							
17.	Did health personnel visit you and the per	erson with PTB at home during the first two months?							
	□ 1. No	□ 2. Yes							
	Number of home visits time	es							

Part 2: Role Perception of FM-DOT Observer Questionnaire (RPC-FMQ)

<u>Direction</u>: This questionnaire aims to identify your perception regarding your role as FM-DOT observer. Please mark ✓in the column, which best corresponds to your opinion. There is no right or wrong answer. Please answer all of the following items.

Strongly agree means this statement strongly corresponds with your perception

Somewhat agree means this statement averagely corresponds with your perception

Somewhat disagree means this statement has little correspondence with your

perception

Strongly disagree means this statement does not correspond with your perception

Activity	Strongly agree 4	Somewhat agree 3	Somewhat disagree 2	Strongly disagree 1
1. Treatment regimen support				
1. The observer should encourage the patient to				
develop their self-care activities such as eating,				
sleeping, doing exercise, and stopping smoking.				
2. The observer should advise the patient on				
ways to prevent the spread of infection.				
3. The observer should assist the patient to				
maintain cleaning and ventilation in their				
accommodation.				
4. The observer should prepare the TB drugs				
into packet for each dose for the patient				
5. The observer does not need to watch the				
patient swallowing the medicine until he/she				
takes all of it.				
6. The observer should mark ✓ on the correct				
day on the DOT card each time after observing				
each dose of drug intake.				
7. The observer does not need to observe the				
patient or ask about possible side effects of TB				
drugs.				
8. The observer should consult the physician or				
TB clinic staff for recommendations when they				
have any questions.				

Activity	Strongly agree 4	Somewhat agree 3	Somewhat disagree 2	Strongly disagree
2. Psychosocial support				
9. The observer should observe the patient's				
psychological state and ask them when they have				
any problems.				
10. The observer should listen to the problems				
and feelings of the patient and give them an				
opportunity to express any grief.				
11. The observer should encourage the patient to				
participate in family daily living activities, leisure				
activities, and sharing ideas with family				
members.				
12. The observer should suggest the patient				
reduce stress by watching television, listening to				
the radio, and telling them funny stories.				
13. The observer should encourage the patient to				
stay at home, do not participate in social and				
community activities such as join the religious				
practice, Songkran festival.				
3. Financial support				
14. The observer should provide and take care of				
things the patient uses in daily living.				
15. The observer should consult with and refer				
the patient to the social worker of hospital or a				
related organization.				
16. The observer should participate in planning				
for treatment expenditure and saving some				
income to use in cases of emergency.				
17. The observer should assist and support the				
patient in expenditure for medication, treatment,				
and transportation.				

	Strongly	Somewhat	Somewhat	Strongly
Activity	agree	agree	disagree	disagree
	4	3	2	1
4. Case finding				
18. The observer should advise and motivate				
neighbors or others suspected of having TB to be				
checked with chest x-ray, sputum examination at				
heath care center.				
19. The observer should advise and motivate				
family members living in the same household				
with the patient to be checked with chest x-ray,				
sputum examination at a health care center				
20. The observer should advise and motivate				
children in contact's household who are aged				
below five years and have never receive a BCG				
vaccination before, to be vaccinated.				

Part 3: Role Performance of FM-DOT Observer Questionnaire (RPF-FMQ)

<u>Direction:</u> This questionnaire aims to identify the role that you performed for the person with PTB. Please mark ✓in the column, which best corresponds to your performance in each activity. There is no right or wrong answer. Please answer all of the following items.

Always practice means you routinely performed this activity
Often practice means you frequently performed this activity
Sometimes practice means you sometimes performed this activity
Never practice means you never performed this activity
Not applicable means you have never encountered this

For "remark": please give reasons why you never performed this activity

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
1. Treatment regimen support						
You consult physician or TB						
clinic staff for advice whenever you						
have any questions.						
2. You allow the patient to participate in						
the decision making about his/her						
treatment.						
3. You take care of and provide the						
patient with clean clothes and expose						
their linen to the sunlight						
4. You advise the patient to stop						
drinking alcohol and smoking.						
5. You provide the patient with						
nutritious food which includes the five						
nutrients such as rice, meat, milk, eggs,						
vegetable, and fruits.						
6. You encourage the patient to sleep						
and have adequest rest; at least 8 hours						
per day.						
7. You instruct and motivate the patient						
to do regular exercise such as walking.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
,	4	3	2	1	0	
8. You instruct the patient to cough and						
sneeze into a tissue to prevent disease						
transmission.						
9. You instruct the patient to spit						
secretions or saliva into a closed						
container.						
10. You instruct the patient to burn or						
flush secretions down the toilet.						
11. You keep the house and						
surrounding area clean.						
12. You ventilate patient's room by						
opening windows, and doors and						
encourage exposure to sunlight						
13. You prepare the TB drugs into						
packet for each dose for the patient.						
14. You watch the patient swallowing						
the medicine until it is all taken.						
15. You mark ✓ on the correct day on						
the DOT card each time after observing						
each dose of drug intake.						
16. You mark ✓ on DOT card for						
several doses at the same time.						
17. You did not go with the patient for						
the follow up appointment and collecting						
new drug supply.						
18. You observe and ask the patient						
about possible side effects of TB drugs						
such as rash, nausea, vomiting,						
dizziness, and hearing loss.						
19. You remind the patient to take DOT						
card to the hospital when he/she visits						
TB clinic.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
2. Psychosocial support						
20. You encourage the patient to stay at						
home, avoiding exposure to crowds to						
prevent disease transmission.						
21. You give the patient an opportunity						
to participate in activities of daily family						
life such as watering plants, washing						
dishes.						
22. You encourage the patient to						
participate in family recreational						
activities such as the new year day,						
Songkran festival.						
23. You encourage the patient to						
participate in social and community						
activities such as join the religious						
practice, Songkran festival.						
24. You encourage the patient to						
participate in leisure activities, and						
sharing ideas with family members, such						
as listening to the radio, reading						
newspapers, watching television.						
25. You encourage the patient to have						
social interaction with neighbors and						
friends.						
26. You avoid talk that could make the						
patient feel unhappy.						
27. You usually leave the patient alone						
and do not ask them if they have any						
problems.						
28. You listen to the problems and						
feeling of the patient and give them an						
opportunity to express their grief.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
29. You provide a warm response to the						
patient by showing concern and						
sympathy when they have abnormal						
signs and symptoms such as fatigue,						
cough, and dyspnea.						
30. You always use negative words in						
order to stimulate them to improve their						
self-care ability and follow instructions.						
31. You avoid close contact with the						
patient because of fear of being infected						
with TB.						
32. You instruct the patient to follow						
religious practices when he/she feels						
stressed or discouraged.						
33. You suggest the patient reduces						
stress by watching television, listening						
to the radio, or telling a funny story to						
them.						
3. Financial support						
34. You provide and take care of things						
the patient uses in daily living.						
35. You assist and support the patient in						
expenditure for medication, treatment,						
and transportation.						
36. You assist and support with						
household expenditure.						
37. You consult with and refer the						
patient to the social worker of the						
hospital or a related organization.						
38. You participate in planning for						
treatment expenditure and saving some						
income to use in cases of emergency.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
39. You encourage family members to						
save their money in order to support the						
patient when necessary.						
4. Case finding						
40. You advise and motivate neighbors						
or others suspected of having TB to be						
checked with chest x-ray, sputum						
examination at a heath care center.						
41. You advise and motivate family						
members living in the same household						
with the patient to be checked with chest						
x-ray, sputum examination at heath care						
center.						
42. You advise and motivate children in						
contact's household who are aged below						
five years and have never receive a BCG						
vaccination before, to be vaccinated.						

APPENDIX D

QUESTIONNAIRE FOR PERSON WITH PTB

<u>Direction</u>: This questionnaire will be used for data collection from someone with PTB. The questionnaire consists of 3 parts:

Part 1: Demographic Data Form of person with PTB

Part 2: Role Perception of FM-DOT Observer Questionnaire (RPC-FMQ) as Perceived by Persons with PTB

Part 3: Role Performance of FM-DOT Observer Questionnaire (RPF-FMQ) as Perceived by Persons with PTB

Each part of the questionnaire has specific directions. Please answer what best corresponds to your opinion. There is no right or wrong answer. The overall results will be presented in a way that will not give penalty or affect the quality of health care you receive.

Thank you for your cooperation. If you have any questions, you can contact me at Medical Ward 230, Hadyai Regional Hospital, Hadyai, Songkhla, 90110.

Yours gratefully

Nanthiya Phromrak

Part 1: Demographic Data of Person with Pulmonary Tuberculosis

<u>Direction</u>: Please marks \checkmark in the blank according to the answers that best match your situation.

1.	Gender		
	□ 1. Female	□ 2. Male	
2.	Age years		
3.	Marital status		
	□ 1. Single	☐ 2. Married	
	□ 3. Widowed	☐ 4. Divorced / Separated	
4.	Religion		
	□ 1. Buddhist	☐ 2. Islam	
	☐ 3. Christian	☐ 4. Other (specify)	
5.	Educational level		
	☐ 1. No formal education	☐ 2. Primary school	
	☐ 3. Secondary school	☐ 4. Diploma	
	☐ 5. Bachelor's degree	☐ 6. Above Bachelor's degree	
6.	Occupation		
	☐ 1. Unemployed	☐ 2. Labour	
	☐ 3. Agriculturist	☐ 4. Trader / Business man	
	☐ 5. Government officer	☐ 6. Private employee	
	☐ 7. Other (specify)		
7.	Duration of receiving treatment for	pulmonary tuberculosis months	
8.	During the first two months of treat	ment, who was assigned to be your DOT observer to p	rovide
	care?		
	□ 1. Father / Mother	☐ 2. Husband / Wife	
	□ 3. Sibling	☐ 4. Son / Daughter	
	☐ 5. Relative	☐ 6. Other (specify)	

Part 2: Role Perception of FM-DOT Observer Questionnaire Perceived by Person with PTB <u>Direction</u>: This questionnaire aims to identify your perception regarding the role of your FM-DOT observer. Please mark ✓in the column, which best corresponds to your opinion. There is no right or wrong answer. Please answer all of the following items.

Strongly agree means this statement strongly corresponds with your perception

Somewhat agree means this statement averagely corresponds with your perception

Somewhat disagree means this statement has little correspondence with your perception

Strongly disagree means this statement does not correspond with your perception

Activity	Strongly agree 4	Somewhat agree 3	Somewhat disagree 2	Strongly disagree 1
1. Treatment regimen support				
1. The observer should encourage the patient to				
develop their self-care activities such as eating,				
sleeping, doing exercise, and stopping smoking.				
2. The observer should advise the patient on				
ways to prevent the spread of infection.				
3. The observer should assist the patient to				
maintain cleaning and ventilation in their				
accommodation.				
4. The observer should prepare the TB drugs into				
packet for each dose for patient.				
5. The observer does not need to watch the				
patient swallowing the medicine until he/she				
takes all of it.				
6. The observer should mark ✓ on the correct				
day on the DOT card each time after observing				
each dose of drug intake.				
7. The observer does not need to observe the				
patient or ask about possible side effects of TB				
drugs.				
8. The observer should consult the physician or				
TB clinic staff for recommendations when they				
have any questions.				

Activity	Strongly agree 4	Somewhat agree 3	Somewhat disagree 2	Strongly disagree
2. Psychosocial support				
9. The observer should observe the patient's				
psychological state and ask them when they have				
any problems.				
10. The observer should listen to the problems				
and feelings of the patient and give them an				
opportunity to express any grief.				
11. The observer should encourage the patient to				
participate in family daily living activities, leisure				
activities, and sharing ideas with family				
members.				
12. The observer should suggest the patient				
reduce stress by watching television, listening to				
the radio, and telling them funny stories.				
13. The observer should encourage the patient to				
stay at home, do not participate in social and				
community activities such as join the religious				
practice, Songkran festival.				
3. Financial support				
14. The observer should provide and take care of				
things the patient uses in daily living.				
15. The observer should consult with and refer				
the patient to the social worker of hospital or a				
related organization.				
16. The observer should participate in planning				
for treatment expenditure and saving some				
income to use in cases of emergency.				
17. The observer should assist and support the				
patient in expenditure for medication, treatment,				
and transportation.				

Activity	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Trouvily	4	3	2	1
4. Case finding				
18. The observer should advise and motivate				
neighbors or others suspected of having TB to be				
checked with chest x-ray, sputum examination at				
heath care center.				
19. The observer should advise and motivate				
family members living in the same household				
with the patient to be checked with chest x-ray,				
sputum examination at a health care center				
20. The observer should advise and motivate				
children in contact's household who are aged				
below five years and have never receive a BCG				
vaccination before, to be vaccinated.				

Part 3: Role Performance of FM-DOT observer Questionnaire as Perceived by Person with PTB

<u>Direction:</u> This questionnaire was aimed to identify your perception regarding the role performance of your FM-DOT observer. Please mark ✓in the column, which best corresponds to your opinion. There is no right or wrong answer. Please answer all of the following items.

Always practice you perceived the FM-DOT observer routinely means performed this activity Often practice means you perceived the FM-DOT observer frequently performed this activity you perceived the FM-DOT observer sometimes Sometimes practice means performed this activity you perceived the FM-DOT observer never Never practice means performed this activity Not applicable means you never meet this event For "remark": you give reasons why the FM-DOT observer never performed this activity

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
1. Treatment regimen support						
1. The observer consult physician or TB						
clinic staff for advice whenever he/she						
has any questions.						
2. The observer allows you to						
participate in the decision making about						
your treatment.						
3. The observer take care of and						
provide you with clean clothes and						
expose your linen to the sunlight						
4. The observer advise you to stop						
drinking alcohol and smoking.						
5. The observer provide you with						
nutritious food which includes the five						
nutrients such as rice, meat, milk, eggs,						
vegetable, and fruits.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
6. The observer encourage you to sleep						
and have adequest rest; at least 8 hours						
per day.						
7. The observer instructs and motivate						
you to do regular exercise such as						
walking.						
8. The observer instructs you to cough						
and sneeze into a tissue to prevent						
disease transmission.						
9. The observer instructs you to spit						
secretions or saliva into a closed						
container.						
10. The observer instructs you to burn or						
flush secretions down the toilet.						
11. The observer keeps the house and						
surrounding area clean.						
12. The observer ventilate your room by						
opening windows, and doors and						
encourage exposure to sunlight						
13. The observer prepares the TB drugs						
into packet for each dose for you.						
14. The observer watches you						
swallowing the medicine until it is all						
taken.						
15. The observer mark ✓ on the correct						
day on the DOT card each time after						
observing each dose of drug intake.						
16. The observer marks ✓ on DOT card						
for several doses at the same time.						
17. The observer did not go with you for						
the follow up appointment and collecting						
new drug supply.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
-	4	3	2	1	0	
18. The observer observes and asks you						
about possible side effects of TB drugs						
such as rash, nausea, vomiting,						
dizziness, and hearing loss.						
19. The observer reminds you to take						
DOT card to the hospital when you visit						
TB clinic.						
2. Psychosocial support						
20. The observer encourages you to stay						
at home, avoiding exposure to crowds to						
prevent disease transmission.						
21. The observer gives you an						
opportunity to participate in activities of						
daily family life such as watering plants,						
washing dishes.						
22. The observer encourages you to						
participate in family recreational						
activities such as the new year day,						
Songkran festival.						
23. The observer encourages you to						
participate in social and community						
activities such as join the religious						
practice, Songkran festival.						
24. The observer encourages you to						
participate in leisure activities, and						
sharing ideas with family members, such						
as listening to the radio, reading						
newspapers, watching television.						
25. The observer encourages you to have						
social interaction with neighbors and						
friends.						
26. The observer avoids talk that could						
make you feel unhappy.					_	

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
27. The observer usually leaves you						
alone and does not ask you if you have						
any problems.						
28. The observer listens to the problems						
and feeling of you and gives you an						
opportunity to express your grief.						
29. The observer provide a warm						
response to you by showing concern and						
sympathy when you have abnormal						
signs and symptoms such as fatigue,						
cough, and dyspnea.						
30. The observer always use negative						
words in order to stimulate you to						
improve your self-care ability and follow						
instructions.						
31. The observer avoids close contact						
with you because of fear of being						
infected with TB.						
32. The observer instructs you to follow						
religious practices when you feel						
stressed or discouraged.						
33. The observer suggests you reduces						
stress by watching television, listening						
to the radio, or telling a funny story to						
you						
3. Financial support						
34. The observer provides and takes care						
of things you uses in daily living.						
35. The observer assists and supports						
you in expenditure for medication,						
treatment, and transportation.						
36. The observer assists and supports						
with household expenditure.						

			Some		Not	
Activity	Always	Often	times	Never	applicable	Remark
	4	3	2	1	0	
37. The observer consults with and						
refers you to the social worker of the						
hospital or a related organization.						
38. The observer participates in planning						
for treatment expenditure and saving						
some income to use in cases of						
emergency.						
39. The observer encourages family						
members to save their money in order to						
support you when necessary.						
4. Case finding						
40. The observer advises and motivates						
neighbors or others suspected of having						
TB to be checked with chest x-ray,						
sputum examination at a heath care						
center.						
41. The observer advises and motivates						
family members living in the same						
household with you to be checked with						
chest x-ray, sputum examination at heath						
care center.						
42. The observer advise and motivate						
children in contact's household who are						
aged below five years and have never						
receive a BCG vaccination before, to be						
vaccinated.						

Table 10 Frequency and percentage of FM-DOT observer's role performance in each item as perceived by people with PTB (N = 65)

				Some		Not
	Activity	Always	Often	times	Never	applicable
		(%)	(%)	(%)	(%)	(%)
1.	Treatment regimen support					
1.	The observer consults physician or	2	15	18	30	-
	TB clinics staff for advice whenever	(3.1)	(23.1)	(27.7)	(46.2)	
	he/she has any questions.					
2.	The observer allows you to participate	43	22	-	-	-
	in the decision making about your	(66.2)	(33.8)			
	treatment.					
3.	The observer take care of and	7	37	9	12	-
	provide you with clean clothes and	(10.8)	(56.9)	(13.8)	(18.5)	
	expose your linen to the sunlight					
4.	The observer advises you to stop	-	6	3	-	56
	drinking alcohol and smoking.		(9.2)	(4.6)		(86.2)
5.	The observer provide you with	32	22	9	2	-
	nutritious food which includes the	(49.2)	(33.8)	(13.8)	(3.1)	
	five nutrients such as rice, meat, milk,					
	eggs, vegetable, and fruits.					
6.	The observer encourage you to sleep	1	42	20	2	-
	and have adequest rest; at least 8	(1.5)	(64.6)	(30.8)	(3.1)	
	hours per day.					
7.	The observer instructs and motivate	2	12	21	30	-
	you to do regular exercise such as	(3.1)	(18.5)	(32.3)	(46.2)	
	walking.					
8.	The observer instructs you to cough	2	14	26	23	-
	and sneeze into a tissue to prevent	(3.1)	(21.5)	(40)	(35.4)	
	disease transmission.					
9.	The observer instructs you to spit	2	11	14	38	-
	secretions or saliva into a closed	(3.1)	(16.9)	(21.5)	(58.5)	
	container.					

O. The observer instructs you to burn or flush secretions down the toilet.	Always (%) 2 (3.1) 23	Often (%) 11 (16.9)	times (%)	Never (%)	applicable (%)
•	2 (3.1)	11		` ′	(%)
•	(3.1)		10		
or flush secretions down the tailet	` ´	(16.0)		42	-
of music secretions down the tonet.	23	(10.9)	(15.4)	(64.6)	
1. The observer keeps the house and		28	8	6	-
surrounding area clean.	(35.4)	(43.1)	(12.3)	(9.2)	
2. The observer ventilates your room by	30	26	5	4	-
opening windows, and doors and	(46.2)	(40)	(7.7)	(6.2)	
encourages exposure to sunlight.					
3. The observer prepares the TB drugs	10	19	15	21	-
into packet for each dose for you.	(15.4)	(29.2)	(23.1)	(32.3)	
4. The observer watches you swallowing	7	19	26	13	-
the medicine until it is taken.	(10.8)	(29.2)	(40)	(20)	
5. The observer mark ✓ on the correct					
day on the DOT card each time after	14	16	14	21	-
observing each dose of drug intake.	(21.5)	(24.6)	(21.5)	(32.3)	
6. The observer marks ✓ on DOT card					
for several doses at the same time.	6	12	19	7	21
7. The observer did not go with you for	(9.2)	(18.5)	(29.2)	(10.8)	(32.3)
the follow up appointment and	15	9	14	27	-
collecting new drug supply.	(23.1)	(13.8)	(21.5)	(41.5)	
8. The observer observes and asks you					
about possible side effects of TB	2	32	30	1	-
drugs such as rash, nausea, vomiting,	(3.1)	(49.2)	(46.2)	(1.5)	
dizziness, and hearing loss.					
9. The observer reminds you to take					
DOT card to the hospital when you					
visit TB clinic.	20	16	13	16	-
2. Psychosocial support	(30.8)	(24.6)	(20)	(24.6)	
0. The observer encourages you to stay					
at home, avoiding exposure to					
crowds to prevent disease	3	8	12	42	-
transmission.	(4.6)	(12.3)	(18.5)	(64.6)	

			Some		Not
Activity	Always	Often	times	Never	applicable
	(%)	(%)	(%)	(%)	(%)
21. The observer gives you an	13	21	11	20	-
opportunity to participate in	(20)	(32.3)	(16.9)	(30.8)	
activities of daily family life such					
as watering plants, washing dishes.					
22. The observer encourages you to	-	17	15	33	-
participate in family recreational		(26.2)	(23.1)	(50.8)	
activities such as the new year day,					
Songkran festival.					
23. The observer encourages you to	2	11	15	37	-
participate in social and community	(3.1)	(16.9)	(23.1)	(56.9)	
activities such as join the religious					
practice, Songkran festival.					
24. The observer encourages you to	17	35	13	-	-
participate in leisure activities, and	(26.2)	(53.8)	(20)		
sharing ideas with family members,					
such as listening to the radio, reading					
newspapers, watching television.					
25. The observer encourages you to have					
social interaction with neighbors and	7	29	17	12	-
friends.	(10.8)	(44.6)	(26.2)	(18.5)	
26. The observer avoids talk that could					
make you feel unhappy.	36	25	3	1	-
27. The observer usually leaves you alone	(55.4)	(38.5)	(4.6)	(1.5)	
and does not ask you if you have any	2	7	8	48	-
problems.	(3.1)	(10.8)	(12.3)	(73.8)	
28. The observer listens to the problems					
and feeling of you and gives you an	7	43	12	3	-
opportunity to express your grief.	(10.8)	(66.2)	(18.5)	(4.6)	
29. The observer provide a warm					
response to you by showing concern	28	33	4	-	-
and sympathy when you have	(43.1)	(50.8)	(6.2)		
abnormal signs and symptoms such as					
fatigue, cough, and dyspnea.					

				Some		Not
	Activity	Always	Often	times	Never	applicable
		(%)	(%)	(%)	(%)	(%)
30.	The observer always use negative	-	9	24	32	-
	words in order to stimulate you to		(13.8)	(36.9)	(49.2)	
	improve your self-care ability and					
	follow instructions.					
31.	The observer avoids close contact	-	1	3	61	-
	with you because of fear of being		(1.5)	(4.6)	(93.8)	
	infected with TB.					
32.	The observer instructs you to follow	1	19	17	28	-
	religious practices when you feel	(1.5)	(29.2)	(26.2)	(43.1)	
	stressed or discouraged.					
33.	The observer suggests you reduces	13	34	14	4	-
	stress by watching television,	(20)	(52.3)	(21.5)	(6.2)	
	listening to the radio, or telling a					
	funny story to you.					
3.	Financial support					
34.	The observer provides and takes care	32	17	9	7	-
	of things you uses in daily living.	(49.2)	(26.2)	(13.8)	(10.8)	
35.	The observer assists and supports you					
	in expenditure for medication,	21	16	11	2	15
	treatment, and transportation.	(32.3)	(24.6)	(16.9)	(3.1)	(23.1)
36.	The observer assists and supports					
	with household expenditure.	21	16	11	2	15
37.	The observer consults with and refers	(32.3)	(24.6)	(16.9)	(3.1)	(23.1)
	you to the social worker of the	-	-	-	65	-
	hospital or a related organization.				(100)	
38.	The observer participates in planning	2	3	18	42	-
	for treatment expenditure and saving	(3.1)	(4.6)	(27.7)	(64.6)	
	some income to use in cases of					
	emergency.					
39.	The observer encourages family	-	1	13	51	-
	members to save their money in order		(1.5)	(20)	(78.5)	
	to support you when necessary.					

Activity		Some			Not
	Always (%)	Often (%)	times (%)	Never (%)	applicable (%)
40. The observer advises and motivates	-	3	10	36	16
neighbors or others suspected of		(4.6)	(15.4)	(55.4)	(24.6)
having TB to be checked with chest					
x-ray, sputum examination at a					
heath care center.					
41. The observer advises and motivates	3	12	6	44	-
family members living in the same	(4.6)	(18.5)	(9.2)	(67.7)	
household with you to be checked					
with chest x-ray, sputum examination					
at heath care center.					
42. The observer advise and motivate	-	2	-	23	40
children in contact's household who		(3.1)		(35.4)	(61.5)
are aged below five years and have					
never received a BCG vaccination					
before, to be vaccinated.					