

CONTENTS

	PAGE
Abstract.....	(3)
Acknowledgements.....	(5)
Table of Contents.....	(9)
List of Tables.....	(12)
List of Figures.....	(15)
Chapter	
1. Overview of the Study.....	1
Introduction.....	1
Background.....	2
Objective.....	6
Research Questions.....	6
Significance of the Research.....	6
Conceptual Framework.....	7
Definition of Terms.....	14
Summary.....	15
2. Literature Review.....	17
Introduction.....	17
Philosophies and Theories Related to the Empowerment Concept and to Women.....	17
A Concept of Empowerment.....	25
Women’s Health.....	43

CONTENTS (Continued)

	PAGE
Measurement Theory and Psychometric Properties.....	54
Summary.....	59
3. Methodology.....	61
Introduction.....	61
Setting.....	61
Population and Sample.....	62
Development of an Instrument and Testing Psychometric Properties...	64
Protection of Human Subjects' Rights.....	75
Data Collection.....	77
Data Analysis.....	78
Summary.....	79
4. Results and Discussion.....	81
Introduction.....	81
Results.....	81
Discussion.....	101
Summary.....	111
5. Conclusions and Recommendations.....	113
Introduction.....	113
Conclusions.....	113
Recommendations.....	115
Summary.....	118

CONTENTS (Continued)

	PAGE
References.....	121
Appendices.....	139
A. In-depth Interviews Guideline.....	140
B. Content Validity Form.....	155
C. The 86-Item WHES with a Cover Letter.....	157
D. Protection of Subject’s Human Rights.....	166
E. Data Collection Request Letter Sent to Managers at Target Factories.....	168
F. The 59-Item WHES with Items Reordered.....	170
G. Instrument Instructions.....	174
H. Manuscript.....	178
Vitae.....	198

LIST OF TABLES

TABLE	PAGE
1. A Multifaceted Definition of Empowerment.....	27
2. A Dimension of Empowerment as a Process.....	30
3. A Dimension of Empowerment as an Outcome.....	31
4. A Comparison of the Empowerment Scales: IES, DES, C-DES, and PES.....	41
5. Demographic Characteristics of Thai Female Factory Workers.....	82
6. Means, Standard Deviations, Minimum, and Maximum Scores for Continuous Demographic Variables.....	83
7. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor I: Assurance to Control Action of Personal Well-Being.....	87
8. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor II: The Ability to Influence a Reciprocal Community Support in Solving Health Problems.....	88
9. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor III: Actions to Achieve Visions and Goals of Health.....	89
10. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor IV: Increasing a Sense of Self-Awareness to Become and Remain Healthy.....	90
11. Correlations among the Resulting Four Factors of the WHES.....	91

LIST OF TABLES (Continued)

TABLE	PAGE
12. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor I: Assurance to Control Action of Personal Well-Being.....	92
13. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor II: The Ability to Influence a Reciprocal Community Support in Solving Health Problems.....	93
14. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor III: Actions to Achieve Visions and Goals of Health.....	94
15. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor IV: Increasing a Sense of Self-Awareness to Become and Remain Healthy.....	95
16. Correlations among the Demographic Variables and the Resulting Four Factors and the WHES Total Score.....	96
17. Analysis of Variance and Correlation Ratio of the Resulting Four Factors and the WHES Total Score by Educational Level.....	97
18. Analysis of Variance and Correlation Ratio of the Resulting Four Factors and the WHES Total Score by the Type of Family.....	98
19. Analysis of Variance and Correlation Ratio of the Resulting Four Factors and the WHES Total Score by Caregivers.....	99

LIST OF TABLES (Continued)

TABLE	PAGE
20. Cronbach's Coefficient Alpha Reliabilities for the Resulting Four Factors and the WHES Total Score and Statistics.....	100
21. Means, Standard Deviations, and Reliability Coefficient of the WHES...	101

LIST OF TABLES

TABLE	PAGE
1. A Multifaceted Definition of Empowerment.....	27
2. A Dimension of Empowerment as a Process.....	30
3. A Dimension of Empowerment as an Outcome.....	31
4. A Comparison of the Empowerment Scales: IES, DES, C-DES, and PES.....	41
5. Demographic Characteristics of Thai Female Factory Workers.....	82
6. Means, Standard Deviations, Minimum, and Maximum Scores for Continuous Demographic Variables.....	83
7. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor I: Assurance to Control Action of Personal Well-Being.....	87
8. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor II: The Ability to Influence a Reciprocal Community Support in Solving Health Problems.....	88
9. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor III: Actions to Achieve Visions and Goals of Health.....	89
10. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Factor IV: Increasing a Sense of Self-Awareness to Become and Remain Healthy.....	90
11. Correlations among the Resulting Four Factors of the WHES.....	91

LIST OF TABLES (Continued)

TABLE	PAGE
12. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor I: Assurance to Control Action of Personal Well-Being.....	92
13. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor II: The Ability to Influence a Reciprocal Community Support in Solving Health Problems.....	93
14. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor III: Actions to Achieve Visions and Goals of Health.....	94
15. Items, Factor Loadings, Percent of Variance, Eigenvalue, and Communalities of Two Groups of Factor IV: Increasing a Sense of Self-Awareness to Become and Remain Healthy.....	95
16. Correlations among the Demographic Variables and the Resulting Four Factors and the WHES Total Score.....	96
17. Analysis of Variance and Correlation Ratio of the Resulting Four Factors and the WHES Total Score by Educational Level.....	97
18. Analysis of Variance and Correlation Ratio of the Resulting Four Factors and the WHES Total Score by the Type of Family.....	98
19. Analysis of Variance and Correlation Ratio of the Resulting Four Factors and the WHES Total Score by Caregivers.....	99

LIST OF TABLES (Continued)

TABLE	PAGE
20. Cronbach's Coefficient Alpha Reliabilities for the Resulting Four Factors and the WHES Total Score and Statistics.....	100
21. Means, Standard Deviations, and Reliability Coefficient of the WHES...	101

LIST OF FIGURES

FIGURE	PAGE
1. The Setting and Steps of the Sampling Technique.....	64
2. Results of the Pilot Study in the Qualitative Phase and Literature Reviews.....	67
3. Results of the Second Stage in the Qualitative Phase and Literature Reviews.....	69
4. The Development and Testing Psychometric Properties of the WHES.....	76
5. Scree Plot for Factor Analysis.....	84