

## CONTENTS

	PAGE
ABSTRACT .....	( 3 )
ACKNOWLEDGEMENT .....	( 4 )
CONTENTS.....	( 6 )
LIST OF TABLE S .....	( 9 )
LIST OF FIGURES .....	(10)
CHAPTER	
1. Introduction .....	1
Background .....	1
Objectives of the Study .....	4
Research Questions .....	4
Conceptual Framework .....	4
Hypothesis .....	7
Definition of Terms .....	7
Significance of the Study .....	8
2. Literature Reviews .....	9
Concepts of Caring .....	9
Studies on Caring .....	15
Pre-Operative Anxiety .....	22
Caring Practices in Reducing Pre-operative Anxiety .....	24
Perception of Caring Practices in Reducing Anxiety and their Related Factors .....	30

## CONTENTS (Continued)

CHAPTER	PAGE
3. Research Design and Methodology .....	33
Design of the Study .....	33
Settings and Population .....	33
Sample .....	34
Instrumentation .....	35
Data Collection .....	38
Ethical Consideration .....	39
Data Analysis .....	39
4. Results and Discussion .....	41
Results .....	41
Discussion .....	61
5. Conclusions and Recommendations .....	82
Conclusions of the Study Finding .....	82
Strengths and Limitations .....	83
Implications and Recommendations .....	84
References .....	88
Appendices .....	101
Appendix A. Demographic Data, Caring Practices in Reducing Pre- operative Anxiety for Nurses .....	101
Appendix B. Demographic Data, Caring Practices in Reducing Pre- operative Anxiety for Patients .....	106

## CONTENTS (Continued)

CHAPTER	PAGE
Appendix C. Informed Concern .....	110
Appendix D. Table .....	111
Appendix E. Expert of the Content Validity Index .....	116
Appendix F. Back Translation of the Instrument .....	117
Appendix G. Readability Check .....	118
VITAE .....	119

## LIST OF TABLES

TABLE		PAGE
3-1	The ten caring behaviors according to nurses and patients in three studies .....	17
4-1	Number of surgical nurses and patients .....	42
4-2	Frequency and percentage of surgical nurses' demographic data .....	43
4-3	Frequency and percentage of patients' demographic data .....	45
4-4	Types of diagnosis and surgery of pre-operative patients .....	46
4-5	Mean, Standard deviation, and levels of caring practices in reducing pre-operative anxiety as perceived by surgical nurses and patients .....	48
4-6	Mean, SD, and level of subscales of caring practices in reducing pre-operative anxiety as perceived by nurses and patients .....	48
4-7	Nurses' perception and patients' perception of caring subscales ordered by mean scores .....	50
4-8	Mean scores and percentage of nurses' perception on caring practices regarding to assessment-evaluation of pre-operative anxiety .....	51
4-9	Mean scores and percentage of nurses' perception on caring practices regarding to intervention of pre-operative anxiety .....	53
4-10	Mean scores and percentage of patients' perception on caring practices regarding to assessment-evaluation of pre-operative anxiety .....	55
4-11	Mean scores and percentage of patients' perception on caring practices regarding to intervention of pre-operative anxiety .....	57

TABLE	PAGE
4-12 Mean, Standard deviation, and t-value of caring subscales in reducing pre-operative anxiety as perceived by surgical nurses and patients .....	59
4-13 Mean, SD, and t-value of caring subscales in reducing pre-operative anxiety as perceived by surgical nurses and patients .....	60
A-1 The score range of caring practices in reducing pre-operative anxiety as perceived by surgical nurses and patients .....	111
A-2 The ten highest mean scores of items of caring practices in reducing pre-operative anxiety as perceived by nurses and patients .....	112
A-3 The ten lowest mean scores of items of caring practices in reducing pre-operative anxiety as perceived by nurses and patients .....	113
A-4 Mean, SD, and t-value of caring practices in reducing pre-operative anxiety as perceived by female nurses and male nurses .....	114
A-5 Mean, SD, and t-value of caring practices in reducing pre-operative anxiety as perceived by female patients and male patients .....	114
A-6 Mean, SD, and t-value of caring practices as perceived by patients having experience of surgery and no experience of surgery .....	114
A-7 Mean, SD, and F-value of caring practices in reducing pre-operative anxiety as perceived by patients and level of pre-operative anxiety .....	115
A-8 Mean, SD, and F-value of caring practices in reducing pre-operative anxiety as perceived by surgical nurses and patients in 3 hospitals ...	115

## LIST OF FIGURE

FIGURE		PAGE
1-1	Framework of caring practices in reducing pre-operative anxiety	5