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LIST OF ABBREVIATIONS AND SYMBOLS

Alg	= Sodium alginate
CFU	= colony forming units
cps	= centipoises
HVO	= Hydrogenated vegetable oil
HEC 4000	= Hydroxyethyl cellulose 4000
HPMC 4000	= Hydroxypropyl methylcellulose 4000
MC 4000	= Methylcellulose 4000
PCA	= Plate Count Agar
PDA	= Potato Dextrose Agar
PDB	= Potato Dextrose Broth
rpm	= revolution per min
SCMC 1500	= Sodium Carboxymethylcellulose 1500